## "INSTRUCTIONS FOR CPR"

## **CALL 911** Hey. there's this guy here Who sucks at... uh... breathing.

**THEN BEGIN DOING** 

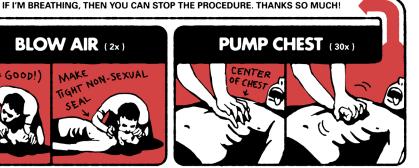
THIS TO ME:

**BLOW AIR** (2x) MAKE TIGHT NON-SEXUAL (BREATH = GOOD!)

...pinch my nose and give me a big breath. Let my chest fall, then give me a second breath. Then...

Put your hands on my chest like above. Compress my chest about 2 inches and let it recoil...

Compress my chest 30 times at a rate of almost two per second. Then return to the BLOW AIR step of the sequence...



Lift up my chin, tilt back my head, and check to see if I'm breathing. If I'm not breathing...